



# Bruce Peninsula Association for COMMUNITY LIVING



2015 Christmas Issue

December 2015

*Inspiring Possibilities*

## AVISO

### 17TH ANNUAL TRAIL RIDE



Getting ready for a beautiful ride for a great cause



A big THANK YOU to all the participants, sponsors, donors of prizes and to the volunteers for making the 17th Annual Trail Ride another success.

Topping the fundraiser list were Robin Weller at \$1340 (centre), Makaylah Irving at \$979 (right) and Brydon Shiels at \$902 (left).

We could not have asked for better weather than we experienced this year on our annual Trail Ride, at the Trask Family farm, September 12th.

With over 68 participants, 90 community sponsors and many volunteers it truly was a great day.

Participants either rode their own horses or hopped on one of the 6 wagons supplied by the volunteer wagoners.

Over \$9000 was raised that will assist us to continue to provide services and supports for

families and individuals with developmental disabilities.

The Grand Prize, a saddle, donated by The Co-operators - Wiarton, was won by Ashley MacDonald.

## THE LUNCH BUNCH

FORMERLY:

**CAFÉ BY THE BAY**

Thank you to all who entered the contest to rename our lunch delivery program. We are pleased to announce our new name '**The Lunch Bunch**'. The winner of the free lunch will be contacted by phone.

In October, Alyssa, Angela, Dorothy, Jason, Laura, Linda, Mary Beth, Megan, Pat, Shelley and Tara took part in the Safe Food Handling course offered by the Grey-Bruce Health Unit. We learned how to prevent cross contamination, safe food storage as well as the importance of hand washing and temperature control of the food prepared.

### **Mission:**

Bruce Peninsula Association for Community Living promotes a holistic approach where all individuals can participate as equal citizens in community life.

## Gananoque — What a View — What a Trip!



When Vicki decides she wants to get a way for a few days she does it up in style. There is no better way to see Eastern Ontario and the beautiful fall leaves than to hop on a bus with the Oliphant Young at Heart group and head to Gananoque and the Thousand Islands for five days in October.

We stayed at a resort in Gananoque that had a spa, pool, hot tub, sauna, pub, tuck shop (filled with Vicki's favourite goodies ) great meals, entertainment throughout the day and great musical entertainment in the evening that had you kickin' up your heels whether you wanted to or not.

The group of 44 spent most days gallivanting around the area, checking out the many awesome sites. Some of these included an amazing boat tour of the Thousand Islands with a look at Boldt Castle which was built on an island on the American side of the St Lawrence River. George Boldt, the castle builder, also just happened to invent a popular salad dressing. You guessed it! Thousand Island dressing . We heard stories of shady characters at the Kingston Penitentiary Museum. We went to the theatre and watched the play 'Dear Johnny Deere' written by Fred Eaglesmith. We enjoyed a very interesting tour of Kingston which ended with lunch at a great Irish pub. We toured a cheese factory and 'The Big Apple' where we purchased amazing apple dumplings.

Who could go on vacation without a stop at the OLG casino? Not Vicki. She left the casino with extra pocket change. I don't think the same can be said for the other 43 gamblers in our group.

Time at the resort was spent playing bingo and other games, swimming, relaxing in the hot tub getting massages and just generally having a great time. Evenings at the resort were great fun with amazing nightly musical entertainment. Of course this was interrupted to cheer on the Blue Jays in their quest to the World Series. That made for some fun in the pub!

When we loaded the bus in Warton, Vicki knew about 12 people from around town. When we unloaded the bus five days later, Vicki knew 44 people. No, make that 45. I forgot about the bus driver!

It was an amazing 5 days and as a Support Worker accompanying Vicki, my heart was warmed by the genuine friendships Vicki had and made while we were on this trip. As we were getting off the bus, it was so great to hear "Bring Vicki out to my place for a coffee some day!" from a lady on the trip that Vic had made a great connection with.

Vicki had an amazing vacation to Gananoque and I feel privileged to have been a part of it. How will we ever top this one in 2016?

We're gonna try!

Submitted by:  
Vicki and Chris

## Peninsula Fire Starters Celebrate 2015

A fire starter is the answer to that onerous, and depending on the season, daily task of crumpling up a mountain of paper and surrounding it with a carefully constructed teepee of finely split kindling, and ending with the final touch of lighting the paper to begin the transformation into a beautifully burning fire. With a fire starter, you only need to place it in your fire pit, place a handful of medium split wood on top, and light the paper cup of the fire starter and voila the fire is lit.

At Community Participation, the members of the enterprise 'Peninsula Fire Starters' work year round on a part-time basis making 40 gram fire starters and selling them to the surrounding campsites on the Bruce Peninsula from Owen Sound's Harrison Park Campground to Tobermory's Bruce Peninsula National Park. Peninsula Fire Starters is finishing another successful year, having made and sold in excess 10,000 fire starters.

The members of Peninsula Fire Starters are very grateful to the many people and organizations who have contributed to our success by donating used wax (basically old candles) to be recycled into a very useful product. Of special note, are the following community partners who have generously gathered used wax for our use:

Salvation Army Thrift Store, Wiarton and Owen Sound  
 Church of St. Edmund's, Tobermory  
 Christ Church, Lion's Head  
 St. Margaret's Chapel, Cape Chin  
 St. Andrew's Church, Howdenvale  
 Trinity Church, Wiarton  
 St. Peter's Lutheran Church, Wiarton  
 St. Peter's-by-the-Lake Church, Sauble Beach



We look forward to increased business in the future, contributing to reducing waste, participating in our local economy and connecting with the generous folks in our community.



Christmas craft sale at The Meeting Place, October 24th 2015. Jason and Dorothy were busy selling items made at Community Participation.

### News From Galloway House

This has been an exciting and adventurous year at Galloway Street with lots of things happening.

Activities included:

- art classes
- fitness at the YMCA including work out bikes, track walking and swimming
- preparing 'Thank You' notes for lunches that are delivered every Thursday by The Lunch Bunch
- volunteering at the Salvation Army food bank
- the Spring Fling Dance
- Summer Family BBQ
- day trips to Lion's Head
- Trail Ride
- Fishing Derby
- Hallowe'en Dance

They are looking forward to what new adventures 2016 will hold for them.

### Creative Minds

Creative Minds is the old-new craft group from Community Participation. Keeping with our traditions of making beautiful crafts, we try new ways to connect to our customers. We try to be present at every craft sale in Warton and secure customers who regularly order from us - like Designs By Brenda, florist, located on Berford Street. Our products include: wood-working items, jewellery, ceramics, greeting cards, themed chocolate bites for every occasion.

We recycle cards of any occasion. Your donations are appreciated. For orders please contact Pat at Community Participation at 519-534-3728 or [dpcc@bmts.com](mailto:dpcc@bmts.com)



Brian out and about at Niagara Falls



September 20th was the day for the Annual Fishing Derby.

A big thank you to the Bruce Peninsula Sportsmen's Association for making this happen. It is always a great day of fun and laughter.

Blair pictured with the first place 2.6 pound rainbow trout.

### Annual 2015 Self-Advocates Hallowe'en Dance Hosted by BPAACL Warton

On Saturday, October 24, 2014, the BPAACL Warton Willie Self-Advocates group hosted the Annual Hallowe'en Dance. Our dance was attended by 105 people including groups from Community Living agencies across Grey and Bruce as well as local community members who wanted to come out for a great Hallowe'en celebration. It was a huge success.



The Meeting Place in Warton was once again most gracious in allowing us to use their hall at a discounted rate to host this event. They put on a great luncheon for us as well that night. Music was provided by Mike and Patty Stephenson DJ Services. They played an excellent variety of music. Everyone enjoyed the chance to win a variety of door prizes throughout the evening. Costumes all looked great and made the night even more exciting with the guessing game of "who's that?"



We all had a wonderful evening and there has already been talk about the dance again next year. It was a great time to socialize, meet friends new and old, and just have a chance to let loose for the night.

Many thanks to all our volunteers who came out to support our event.

**SELF ADVOCATES**

On November 6, 2015, three of the Warton Willie Self-Advocates group attended the Speaking Out Retreat Day, held at the Knights of Columbus Hall in Mildmay.

The day began with a warm welcome and opening remarks to get everyone in the groove. We then had some ice breaker sessions to help all the participants get to know each other. It was great to see so many familiar faces but also nice to meet new acquaintances as well. It didn't take long for our self-advocates to introduce themselves to the other advocates in attendance. The keynote speaker was Daniel Steeves from Listowel. He spoke to the group about his community and the advocating work he does for people with disabilities in his area. What an amazing presenter!

After a quick break, we had four different self-advocates make presentations on topics of advocacy. It was great to hear how people in our neighboring areas are advocating for people with disabilities and working with their communities to help make equal opportunities for all. Some folks were even brave enough to get up and do the "three minutes of fame" time in which they could share their personal story. Each person who presented during that time was given a warm round of applause for sharing with the group.

Our local Regional Council Representative, Craig Harrison, then provided the group with an update about the election and the Conference in London. We are so pleased that Craig was re-elected as our council Representative.

A lovely dinner was enjoyed by everyone and music and dancing featuring DJ's Penny and Jackie soon started. Everyone enjoyed the rest of the evening with dancing and prizes being awarded during spot dances. We look forward to next year's full conference which will be hosted by the full steering committee which includes London, Essex, St. Thomas and Dundas.

BPACL Self Advocates pictured below left to right: Dylan Dawson, Diane Chavarie and Cheryl Craig



**ANNUAL CHRISTMAS LUNCHEON AND DANCE**  
 WHEN: Friday December 18, 2015  
 WHERE: The Meeting Place, 575 Edward St, Warton  
 TIME: 11:30 am–2:30 pm  
 PRICE: \$7.50  
 Tickets available at BPACL office - must be purchased in advance

**RENOVATIONS COMPLETED!**

If you have not had the opportunity to come and visit us at 314 George Street, when you do you are in for a wonderful surprise.

Our entrance is at the back of the building (the 'side entrance' is no longer for public use). When you arrive you will be greeted with a warm welcome from reception and will find a much overdue new paint job and new flooring.





***Tis the season for spreading good cheer !  
Everyone at Bruce Peninsula Association for Community  
Living would like to extend our warmest wishes, to one and all,  
for a safe, happy and healthy holiday.***

### **BERFORD STREET NEWS**

The guys have been busy this year. Some of the activities included:

- travel to Circle Square Ranch in Brantford with The Travel Partners organization
- karaoke
- a visit to Collingwood to attend the Elvis Festival
- 5 pin and 10 pin Special Olympics bowling
- car shows at Bluewater Park in the summer
- furniture shopping for a bedroom update



### **GOULD STREET NEWS**

The ladies who reside at Gould Street have always been known as loving to get out and enjoy life. 2015 has been no different.

The crew have been as active as possible taking in karaoke and a movie each month at the Propeller Club, bowling on Saturdays and a trip to the YMCA in Owen Sound twice a week for some intense workouts.

It seems everyone had a chance to take a vacation this year. There were camp outings and a trip to the Toronto Zoo.

Keeping tabs on Morris the cat, making sure he doesn't get into too much trouble, has been a full time job at Gould Street. They sure love their Morris.

The ladies are now busy planning their annual Christmas party which is always a lavish affair. Families are invited and it is always a great afternoon of love and friendship.

2015 was a great year at Gould Street and we are positive 2016 will be even better!

If you would like to donate to Bruce Peninsula Association for Community Living, we would be happy to receive your donation.

Please fill out this form and return to:

**BPACL**  
314 George Street, P. O. Box 95  
Warton, ON N0H 2T0

519-534-0553  
<http://bpacl.com>

NAME: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am interested in becoming a Volunteer at BPACL.